



Quality of Life Assessment

MNpets

MN Pets has compiled the most important aspects to consider when thinking about your pet's end of life decision. We know this is not an easy decision to navigate and every pet is unique, please don't hesitate to touch base with us to discuss results or anything else you may be seeing.

1 = All of the time

2 = Sometimes

3 = Never

Score 1-3

Running Total

		Score 1-3	Running Total
M Mobility	When your pet moves, is capacity diminished?		
	Has your pet lost the ability to move around unassisted?		
	Does your pet struggle to walk on your flooring?		
	Does your pet struggle to groom themselves or stay clean?		
	Is your pet avoiding certain positions or lying down?		
N Nighttime	Is nighttime more difficult for your pet?		
	Has your pet's sleep schedule changed?		
	Is your pet sleeping or resting in different places than normal?		
P Pain	Is your pet exhibiting increased panting, shaking, or limping?		
	Is your pet isolating or hiding?		
	Has your pet's body posture changed?		
	Does your pet react differently when petted?		
	Has your pet's vocal behavior changed?		
	Is there a known disease process causing pain?		
E Energy	Does your pet seem depressed or sad more often?		
	Does your pet seem weak or feeble and unsteady?		
	Is your pet restless or anxious more often than normal?		
	Is your pet less interested to go about their daily routine?		
	Is your pet unable to play and go on walks?		
T Time	Are the bad days outnumbering the good days?		
	Is your pet asking for something that is unclear?		
	Do you have concerns about responding to an emergency?		
	Do you struggle to manage daily medications and care?		
S Self	Do you have concerns about affording your pet's medical care?		
	Does your pet rely on you to move or carry them?		
	Are you changing your own sleep patterns to attend to your pet?		
	Do you feel ready?		

20-60

Consider Euthanasia

60-75

Consider Quality of Life Discussion

75+

Consider Routine Care